

THE GOLDEN TIMES

The Michigan City Senior Center
2 on the Lake * Michigan City, IN 46360
(219) 873-1504 * Hours: 8am-4pm * Mon-Fri
Director: Tara Miller Assistants: Dorothy Biller; Georgiana Timm



MARCH 2020



Trash 'n Treasure Sale

At the MC Senior Center in Washington Park

Sat. March 28th 8:00am-1:00pm



Sponsored by Aperion Care/The Arbors Of MC

Come shop over 40 tables of gently used items, crafts & more. Pick up hot coffee and a doughnut for a bargain. And we'll serve barbeque sandwiches & hot dogs around lunch time for a reasonable price. We are having a bake sale to help raise additional funds. Please be sure to stop by and pick up a delectable baked good for a good cause! This sale is **OPEN TO THE PUBLIC!** We also will have the Park Dept here issuing parking stickers so bring your registration. Bring the whole family & get great deals at one of the first "yard sales" of the season! No admission charge, no parking fees, NO Early birds. Doors open at 8am. WEFM, **sponsored by Aperion Care/The Arbors of MC**, broadcasts live! (*Vendors: Set up is Fri from 12noon-3pm. Doors open for you at 7am on Sat*)

Trash & Treasure

Sale Bake Sale



We would again like to offer a baked goods sale to raise extra funds. PLEASE help



us out and donate your favorite baked goods. Turn in baked goods on Fri, March 27th NO LATER than 3pm. We'll price your goods. We'd really appreciate your help. **ALSO we could use people to work the kitchen from 7:30am-12:30pm on Saturday.**

Sign up at the front desk. Thanks!

St. Patrick's Day Luncheon

We need VOLUNTEERS for St. Patrick's Day Luncheon on Wed, Mar 11th. Please help. It can be something as elaborate as helping prepare the food, or as simple as helping clean up. Sign-up sheet is at the front desk.....



Mayor for a Minute

Tues, March 10th from 6-7pm

If you missed your chance to meet our new Mayor Duane Parry at our "Coffee with the Mayor" events in 2020 and attending during the day isn't an option for you, this is a great opportunity to address any concerns or ideas you may have for our great city. This evening event, entitled "Mayor for a Minute," will be held at 6pm on Tues, Mar 10th. This is in ADDITION to our regularly scheduled "Coffee With the Mayor" (held on the last Tuesday of each month at 9:30am). No need to sign up, just show up! Hope to see you here!



St. Patrick's Day Luncheon

Wed, Mar 11th

11:30am-12:30pm

Luncheon

12:30pm Notre

Dame Choir &

Dance Troupe

Cost \$10/pp

Includes corn beef & all the fixin's. Plus dessert & beverages.



Everyone can be Irish on St. Patrick's Day, so come join your friends!!! WE WILL ONLY SELL 150 TICKETS & THEY SELL OUT QUICKLY. We do not recommend waiting to purchase at the door.

MARCH ~ 2020



| <u>MON</u> | <u>TUES</u> | <u>WED</u> | <u>THURS</u> | <u>FRI</u> |
|--|---|--|---|--|
| 9:45am Exercise 9:30am Cribbage 10:30 Centering Group Exercise 12:00pm Duplicate Bridge 1:00pm Knitting & Crocheting Bee  | 9am: Billiards 9am: BYODComputers 9-2 Ceramics 9:30am Mahjong 9:30am Tai Chi 10am One-on-One Computer Class 11am One-on-One Computer Class 11am German II 12pm Spanish II 1:00pm Euchre 1:00pm Spanish II Readings | 8:30-11:30am SHIP (CALL FOR APPT) 9:45am Exercise 10:30am Centering Grp 11am Double Pinochle 12pm Ping Pong 12:30pm Mexican Train/Dominoes 12:30 Hillbilly Rummy 12:30pm Mhing  | 8:30-11am Wii Game 9am: French I 9am Billiards 9:30 Tai Chi 9:30am Canasta 10:15am Begin Spanish 10:30am Line Dancing 11:30am Woodcarving 1:00pm BINGO 1:00pm Painting Club  | 9am: Coloring Grp 9:45am Exercise 10am Sing-along 10am Chess Club 10:30-12:30 Italian 10:30 Centering Group Exercise 12:30pm Pinochle 12:30pm Bunco 1:00pm Spanish III  |

Special Events

Thurs, Mar 5th: SSS Investment Club 11am

Thurs, Mar 5th: Blood Pressure Screenings by Trail Creek Place & Walgreens 12:30pm

Mon, Mar 9th: Hearing Evaluations 9am-3pm by apt

Tues, Mar 10th: Advisory Board Meeting 9:30am

All Advisory
Bd Meetings
are open to
our mem-
bers!

Tues, Mar 10th: Mayor for a Minute 6-7pm (see front pg)

Wed, Mar 11th: St. Patrick's Day Luncheon 11:30 (see front pg)

Reminder to set
your clocks ahead
on Sun, March 8th.

Tues, Mar 17th: Happy St. Patrick's Day!



Wed, Mar 18th: 1st Travel/Almost Heaven

Thurs, Mar 19th: Card Making with Jamie at 1pm (see pg 3)

Mon, Mar 23th: Popcorn & A Movie/"A Beautiful Day in the Neighborhood" at 1:00pm (see pg 3)

Tues, Mar 24th: Soup Day/Irish Potato Soup 11:30am (see pg 3)

DID YOU KNOW?

Wed, Mar 25th: Ageless Grace 1pm (see pg 3)

Thurs, Mar 26th: Newsletter Assembly 8:30am



Fri, Mar 27th: CLOSED at 12noon for Trash & Treasure set up

Sat, Mar 28th: Trash & Treasure Sale 8am-1pm (see front pg)

Mon, Mar 30th: Opera 101 at 12noon (see pg 5)

Tues, Mar 31st: Coffee with the Mayor 9:30am

Tues, Mar 31st: Open Mic/Jam Session and POTLUCK 11am-1pm (see pg 5)

Thurs, Apr 2nd: SSS Investment Club 11am

Thurs, Apr 2nd: Blood Pressure Screenings by Trail Creek Place & Walgreens 12:30pm

Earth Hour

On the last Saturday of March, millions of people turn off their lights for one hour to celebrate our planet. From 8:30-9:30pm focus on your commitment to our planet by switching off all non-essential lights. Earth Hour was started as a lights-off event in Australia in 2007 and has grown to engage more than 162 countries worldwide. This year the last Saturday is March 28th.

Last Soup Day of the Season!

Tues, Mar 24th at 11:30am

Irish Potato w/Gouda!



Cost is \$2 dine-in bowl/\$3 small/\$5 large to-go

Ageless Grace

Wed, March 25 at 1pm



Ageless Grace combines exercise with cognitive stimulation in an engaging and playful manner.

This is delivered using 21 exercises performed to music to stimulate what are called the five key functions of the brain: Strategic planning, memory and recall, analytical thinking, creativity and imagination and kinesthetic learning. These exercises stimulate both body and mind and can be used as a complete program or integrated into daily living. Please sign up at the front desk or call 873-1504 no later than Mon, March 23. This is part one of a 3 part series held one time a month in Mar/Apr/May.

Card Making with Jamie

Thurs, Mar 19th at 1pm



We will make 2 cards at this session (which should take about an

hour total). Easter & spring Themes.



Cost is \$5 and includes ALL materials to create two cards. **MUST RSVP AND PAY \$5 no later than Fri, Mar 13th.**



Popcorn & A Movie

Mon, Mar 23rd at 1:00pm

“A Beautiful Day in the Neighborhood”

Sponsored by Life Care Center of MC

(Since this movie was not out yet when we planned it in February, we are showing it now) Lloyd Vogel is an

investigative journalist who receives an assignment to profile Fred Rogers, aka Mr. Rogers. He approaches the interview with skepticism, as he finds it hard to believe that anyone can have such a good nature. But Roger's empathy, kindness and decency soon chips away at Vogel's jaded outlook on life, forcing the reporter to reconcile with his own painful past. *Rated PG by the Motion Picture Association of America for Mild Language, Mild Thematic Elements, Violence.*

Firecracker Fillies Red Hatters

Wear red hats & purple clothes to events. Birthday girls wear opposite.

Mon, Mar 9th: Lunch at “Round The Clock”, 219 Pine

Lake Ave, LaPorte at 12noon: Menu choices: 1) Baby beef liver w/sautéed onions, 2) Shrimp w/cocktail sauce 3) Roast tom turkey w/sage dressing & cranberry sauce. All entrees come with choice of soup or salad, choice of potato, rolls & butter, beverage, and dessert. **Cost \$15. Deadline Feb 28th**



UPCOMING EVENTS:

Wed, Apr 15TH, “Lunch at the AK Smith Career Center, 317

Detroit St, MC at 12noon: Lunch will be prepared by the students enrolled in the Culinary Arts Academy. Let's support the youth in our community! **Cost \$15. Deadline Apr 3rd.**

Mon, Apr 27th: “Meijer’s Gardens/Butterflies are Blooming Exhibition,” Grand Rapids, MI Enjoy seeing 7,000 tropical butterflies in a climate controlled glass house. Tram ride around the gardens (weather permitting) and lunch on your own in the Café. Cost includes bus, admission, and tram (COST OF LUNCH NOT INCLUDED) Bus leaves Lowe's parking lot at 8:30am (our time) and returns around 5:30pm. **Cost \$59. Deadline Apr 9th.**

Call Jeannie if you have to cancel, even last minute! Reserv/ Pymt by CHECK ONLY left at Sr Ctr in sealed envelope marked with the event, your name & phone #. Checks pay to Firecracker Fillies. Add'l info: Jeannie at 874-7794.

FIRST TRAVEL 2020 TRIPS



SEE FLYER IN THIS NEWSLETTER FOR DETAILS OF THE TRIPS BELOW

Wed, Mar 18th: "Almost Heaven" at Theatre at the Center, Munster, IN

Wed, Apr 15th: "Evita" at Drury Lane Theatre, Oakbrook Terrace

Thurs, Apr 23-29th: "Washington, D.C." 6 nights

Tues, May 19th: "Architectural River Cruise & Navy Pier" Chicago, IL

Mon, Jun 8-13th: "Branson Show Extravaganza" 5 nights

Wed, Jun 24th: "Architectural River Cruise & Navy Pier" Chicago, IL

Wed, Jul 29-31st: "Ark Encounter & Museum" 2 nights

Thurs, Aug 6th: Chicago Cubs vs Atlanta Braves

Wed, Aug 19th: "Honky Tonk Angels at Cornwell's Dinner Theatre,
Marshall, MI

Mon Aug 31-Sept 3rd: "Cruisin' the Mississippi" 3 nights

Sun, Oct 4-9th: "Biltmore Estate & Asheville, NC" 4 nights

Wed, Oct 7th: "Hello Dolly" at Theatre at the Center, Munster, IN

Tues, Nov 10th: "The Christmas Tree Ship" at Blue Gate Theatre, Ship-
shewana, IN

**ATTENTION* Travelers: If you have physical limitations that may make traveling more difficult please consult with Lisa beforehand. She can advise you of the level of activity as well as accommodations (or lack thereof). Some trips are more strenuous than others. Know your limits!*

For all questions regarding these trips, or to sign up for a trip, call Lisa at 219-879-4633 or 326-1889.

NEW MEMBERS

WELCOME!

Kathy Baxter
Mike Boranski
JoAnn Brooks
Cora Cambridge
Fred Conner
Denise Courington
Joyce Dean
Christine Derouin
Frank Digircoho
Cathy Durham
Karen Durham
Russell Durham
Lynda Ericson
Marlene Haferkamp
Jutta (Judy) Heide
Cecilia Kajer
Pam Kienitz
Kim Kroening
Sharon Kubik
Jim McClure
Juanita Moolemaar
Monica Nowatzke
Michaeline "Miki" Pappas
Sharon Phillips
Irma Schroeder
Stephanie Skwiat
Jim Spiller
Terrell Thomas
Noreen Urban
Susan Utpatel
Norma Volstorf
Duane Waire
Cindy Weiss
Barbara Wisthoff



COMING SOON



Chalking By Design with Marbo!

Wed, April 8th @ 1pm

Chalk Couture allows you to create your own masterpiece, LOVE IT and keep it, or wipe off and start over because we use Chalk PASTE!

Chalk Couture is the hottest trend in DIY home decor. Whether you're an artist or an amateur, join us for a truly unique DIY experience in beautiful home decor. MUST sign up no later than Fri, Apr 3rd. Those that already have their own board will need to pay \$20 for the re-design. For participants that need to purchase the board, the cost is \$40. (Keep in mind that once you purchase the board, you will use it over and over again for each subsequent class—which costs only \$20). Class size limited to 30. Lots of designs to choose from. All materials are included.

Life Line Screening, a leading provider of community-based preventive health screenings,

will offer their affordable, non-invasive and painless health screenings at the MC Senior Center on Wed, May 6, 2020. Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening, for men and women, used to assess the risk of osteoporosis. Being proactive about your health by knowing your risks helps you and your doctor address problems early. To register, please call 1-888-653-6441 or visit www.lifelinescreening.com/communitycircle

Director's Corner

Happy St. Patrick's Day and Happy Birthday to my husband Mark (with a "k"—a.k.a. Kark)... Tara



EDCMC announces Neighborhood Leadership Academy

The Economic Development Corporation of Michigan City as part of its new Strategic Action Plan 2019-2023 is forming the MC Neighborhood Leadership Academy (MCLNA) to assist in the development of neighborhood leadership associations programs. This training program is intended to help build capacity within and among Michigan City neighborhoods with the vision of addressing local issues and opportunities in a productive and positive manner.

The MCLNA is an 8-week course beginning in early March for residents who seek to develop their neighborhoods by working with local organizations utilizing local resources. 30 applicants will be chosen. There is no cost to apply or participate. Applications are available at the EDCMC office, here at the Senior Center or online at info@edcmc.com. For more info call 873-1211.

**2020 Spring Garden Show
Presented by the LaPorte Co
Master Gardeners
Sat, March 21 from
8am-4pm
Held at M.C. HIGH
SCHOOL on Pahs Rd.**



Those interested in booth rentals should contact LP Co Extension office at 219-324-9407. **Our M.C. Senior Center Woodcarvers will have a booth at this event! Stop by and see their beautiful works!**



Computer/Internet/
FACEBOOK /BYOD Classes

**Bring Your Own Device
(BYOD) Tuesdays at 9am.**



Bring your own laptop, Ipad, Smartphone, Tablet etc. **No sign up required.**

One on One classes on Tuesdays at 10am & 11am and sign up IS required! Call 873-1504.

THEY'RE BACK BY POPULAR DEMAND!

Open Mic Jam Session

Tues, Mar 31st 11am-1pm

"The Senior Moments"

will be performing!

POTLUCK LUNCH



No charge. No requirements. Just a casual, laid back jam session. Singers, Musicians, Dancers, Spectators ALL welcome!

Potluck:

Please bring a dish to share that serves at least 8 according to your LAST name: A-H (Dessert), I-N (Main Dish), O-Z (Side Dish)

Opera "101"

Mon, March 30th at 1:00pm

We will be requesting a \$2.00 donation for this class to help offset the costs that the instructor is incurring. Please pay directly to Mr. Sollors.



1 Russell Durham
Mary Ellen Peterson
2 Dennice Adrian
Janice Gonzales
Charles Halberstadt
Angeline Haverstock
Susan Malcer
Beverly Parrett
3 James Garner
Pat Kaczor
Fran Merrion
Arthur Rader
Ted Schroeder
Leona Wagner
4 Peggy Biggerstaff
Donna Eichelberg
Bernadette Grams
Lisa Harris
Patrick Pizarek
Tim Rassi
5 Willis Allen
George Burroughs
Lee Ethel Ellis
Tom Pollock
Trish Puskac
Charles VanHorn
6 Betty Bowden
Robert Gallagher
Denise Hale
Carl Hoder
Gail Leffew
Kathryn Pier
Theresa Wozniak
7 Roy Alford
Lola Barnhart
Nancy Milcarek
Marsha Moss
Mary O'Neil
Judy O'Reilley
William Studtman
8 Frances Brandsness
Richard Brewé
Lorraine Moenkhaus
Milda Roszkiewicz
9 Larry Kaminski
10 Norma Durr
Anna Foldenauer
Diana Kohn
11 Jill Carey
Marie Galloy
Joanne Humphrey
Eileen Nelson
Allen Short
Roxanna Young
12 Joan Johnson
Hanne Manske
Barbara Rumbuc
Pamela Waltz
Joyce Weik

March

B
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13 Marie Babovac
Joan Dipert
Edmond Douville
Barbara Malewicki
Dennis McGrath
Christine Parks
Pat Turner



14 Jane Hendrickson
Roger Jenkins

15 Susan Brooks
Mark Cichoracki
Jim Hoffmaster
Patricia Peck
William Richmann



16 Russell Bruesch
Alan Kolodiej
Lois Moellman
Janet Sharp



17 Dennis Brittain
Patricia Graham
Bob Rose
Terry Troyer
Sally Will



18 Sandy Baldwin
Carolyn Hill
Linda Roland

19 Alice Wozniak
20 Walter Barbknecht
Virginia Pawlikowski
Dorothy Sparks
Eufemia Suarez
Jerry Timbrook

21 Marianna Bruce
Norm Eikman
Carol Jones

22 Sam Ankony
Ken Bransky
Arthur Bushong
Patrick Casey



Phyllis Kahn
Nancy Miller
23 Leonard Parks
24 Danny Blake



Toni Komp
Gail Perry
Robert Stark
James Whelan
25 Millicent Hicks
Elsie Keel

Jeneane Webster

26 Jim Bowers
Dee Dunheim
Cathy Durham
Pat Kubik
Lynn Owens
Rebecca Patz
Aurie Pedzinski
Rita Swistek
Linda Wickstrom
27 Marilyn Ames
Joyce Drake
Juliet Meriweather
Jeanee Przybylinski
Robert Smith
28 Cecilia Brinckman
Allan Hiatt
Jeffery Kreidler
Christina (Tina) Leonard
Carl Meltzer
Richard Will
29 Cindy Bechinski
Kathleen Budzik
Beverly Drzewiecki
Raymond Kowalski
Kathleen May
Georgia Pickford
30 Wayne Angle
Jimmie Cadwell
Steven Fistel
David Link
Gregory Witkowski
31 Louise Hoffmaster
Susan Jones
Barbara Macudzinski



FYI
Free Tax Preparation
Purdue University
Northwest (PNW)
1-877-502-0700
MC Public Library 219-873-3049
Salvation Army LP at 219-326-5342.
RSVP/Valpo at 219-464-3583 ext. 108

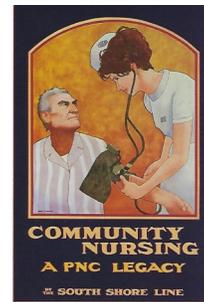
Raffle 2020

Tickets will be sold beginning with the St. Patrick's Day Luncheon.

This year:

- ♦ 1st prize: (10) \$20 Gift Certificates to local restaurants
 - ♦ 2nd prize: (10) \$10 Gift Certificates to local restaurants
 - ♦ 3rd prize: 7-pc Carbon Steel Cookware Set and a 2-in-1 Portable Outdoor Grill & Cooler Bag!
- Total Value of all prizes: \$500

ATTENTION anyone who graduated from *Purdue North Central (PNC)* with a *nursing degree, know someone who has, or if you would like a copy just because, we have free* Neil Kienitz posters commemorating that legacy. These have been graciously donated by Stanley



Kowalski in memory of his wife, Sandy Kowalski who was instrumental in starting and evolving the

PNC Nursing program. Now that PNC has changed their name to Purdue University NorthWest (PNW), these legacy posters will become a collector's item and a nostalgic reminder of a time gone by. See Director for your free poster.



2020 Things to Come 2020



April

10th: CLOSED/Good Friday
 12st: Happy Easter!
 14th: Salute to Park Dept & Advisory Board
 16th: Trivia Challenge
 25th: Exchange Club Raffle
 23rd-29th: 1st Travel/Washington D.C.



May

5th: CLOSED/Election Day
 6th: Lifeline Screening
 7th: Spring Game Night
 10th: Happy Mother's Day!
 18th: Volunteer Luncheon
 25th: CLOSED/Memorial Day

Community Health Fair at Life

Care Center
of Michigan City
Thurs, Mar 26th
from 1-4pm



- More than 40 vendors offering raffles, gift baskets & more.
- Learn how to improve your health physical-ly, mentally, socially, nutritionally, financially.
- Free balance screenings & blood pressure checks
- FREE community event. For more details contact Jill at 872-7251



Trivia Challenge

Thursday, April 16th, 2020
 5-9pm \$10/per person ~
 Theme will be announced at
 the event

Start planning now! Gather up your friends (maximum of 10) and form a team. Each team is given a questionnaire of 5 questions in each round (10 rounds total). As a team, you decide on an answer, write it on your questionnaire and turn it in for scoring. The team with the highest score will win \$10 per person on that team. 2nd place wins \$5 per person, 3rd place wins \$2 per person. This is a fundraiser for the Senior Center. We hope you'll make this a fun, successful event to help raise money for the Senior Center. Food & beverages will be available for purchase.

Please register by Thurs, April 9th so we can plan accordingly. You do NOT need to be a member to participate. Don't have a team but want to play? Call 873-1504 and we'll put you on a team.



Hint:
 Not this kind
 of SHIP.

WHAT IS SHIP?

The State Health Insurance Assistance Program (SHIP) is a free & unbiased counseling program provided by the Indiana Department of Insurance for Medicare beneficiaries in Indiana. It is part of a federal network of State Health Insurance Assistance Programs located in every state. SHIP provides health insurance counseling for people with Medicare. **All services are free.** SHIP is not affiliated with any insurance company or agency and does not sell insurance. It is staffed by volunteer counselors who have completed intensive training to offer you free and objective assistance in complete confidence. Our counselor Garry is here on **Wed from 8:30am-11:30am. Call only during those hours to schedule an appointment with him at 873-1504.**

Or Current Resident



Happy Anniversary



William & Jeannie Halliar on their 21st on March 3rd
James & Sharon McCay on their 53rd on March 4th
Bob & Diane Johnson on their 50th on March 8th
Charles & Dolly Vincent on their 48th on March 11th
Paul & Debi Lyles on their 312nd on March 12th
Wendell & Cynthia Parish Deloney on their 9th on March 18th
Rick & Karmen Konrath on their 33rd on March 21st
Marvin & Diane Dirks on their 47th on March 24th
Edward & Theresa Gralik on their 49th on March 27th
Larry & June Livinghouse on their 55th on March 27th
Benny & Gail Graves on their 1st on March 29th
Carl & Donna Hoder on their 30th on March 29th
Steven & Margaret Biggerstaff on their 35th on March 30th
Dale & Joyce Weik on their 25th on March 30th
Rich & Sedalia Rollins on their 64th on March 31st



In Sympathy... We wish to extend sympathy to: Susan Jones on the loss of her husband Randy Jones; Elizabeth Shuttleworth on the loss of her son-in-law Randy Jones; Judy Sammelman on the loss of her husband Del Sammelman; Alice Yacullo on the loss of her sister Loretta Dunn; Robert Caddo on the loss of his wife Judith Caddo; Georgiana Timm on the loss of her cousin Richard Grott; Mary Bowmar on the loss of her cousin Richard Grott.



"Experience is what you get when you didn't get what you wanted...."

Get Well Soon

Twila Pointon, Bill Shawver



All this Toronto war veteran wants for his 100th birthday is a birthday card



Anyone that would like to send a birthday card to this gentleman, his address is:

9 Kenmore Ave
Toronto, ON
M1K-1B3
Canada

(So that you can remain anonymous, do not put your return address or your full name on the card or envelope. Just the City and/or State and your first name is all you need. Let's light up his mailbox with happy birthday cards!)